



Financial Assistance & Resource Referral Guide

Jewish-Affiliated Community Resources

The Ark | 773.973.1000 | <https://arkchicago.org/>
3100 Dundee Rd., Suite 802 | Northbrook, IL 60062

The Ark helps Chicagoland Jews facing adversity navigate toward self-reliance. Ark professionals, volunteers, and donors provide free, comprehensive services within a framework of Jewish values and laws.

Services: Case Management & Social Services, Financial Counseling & Assistance, Employment Services, Mental Health Services, Food Assistance & Pantry, Health Clinics & Pharmacy, Housing Solutions and Spiritual Enrichment

CJE Senior Life | 773.508.1000 | <https://cje.net/>
3003 W. Touhy Ave. | Chicago, IL 60645

CJE Senior Life strives to enhance the lives of older adults regardless of religion, sex, race, ethnicity, disability, sexual orientation, gender identity or national origin.

Services: Supportive Services (such as Adult Day Services, Benefit Services, Care Management, Caregiver Resources, Counseling Services, Food Services, Holocaust Community Services, & Legal Services), Residential Living and Programs & Events

Ezra Multi-Service Center | 773.275.9866 | <https://www.juf.org/ezra/>
4539 N Sheridan Rd. | Chicago, IL 60649

The Dina and Eli Field EZRA Multi-Service Center is committed to Tikkun Olam and works to repair the world by building professional and compassionate interventions.

Services: JUF Uptown Café, Healthy Advantage, Food & Hygiene Pantry, Emergency & Financial Services, JVS Career & Employment, Center for Russian Speakers, Chevrah Jewish Programming and Social Action

Jewish Child and Family Services (JCFS) Chicago | 855.275.5237 | <https://www.jcfs.org/>
230 W. Monroe Suite 1100 | Chicago, IL 60606

JCFS Chicago is ready to provide caring and healing services to guide them from crisis to calm, from anguish to awareness, and from isolation to support. With services that are infused with Jewish values and compassion, we work to make our community inclusive and accessible for people of all ages and abilities.

Services: Education, Behavioral/Psychological/Educational Assessments & Interventions, Counseling, Services for people with disabilities, Immigration/Citizenship & Refugee Resettlement Services, Clinical Support for Children/Families in the child welfare system, Jewish Community Programs such as addiction services, abuse prevention, spiritual support and connections through community partnerships

Jewish United Fund | 312-346-6700 | <https://www.juf.org/>
30 S. Wells St. | Chicago, IL 60606

Community powered and one of the largest humanitarian organizations in the country, JUF considers the totality of local and global Jewish needs and how to address them. From generation to generation, JUF helps people connect to Jewish life and values, fueling a dynamic, enduring community that comes together for good.

Keshet | 847.205.1234 | <https://keshet.org/>
610 Academy Dr. | Northbrook, IL 60062

Keshet is a one-of-a-kind organization that brings classroom experiences, camps, sports, social and vocational activities, and residential opportunities to people with disabilities and special needs.

Services: Educational (schools & Sunday schools), Recreational (arts, camps, School Day Out, & Sports), Adult (Day Programs, Social & Recreational) and Residential

Low-income Resources in Illinois

Supplemental Nutrition Assistance Program (SNAP) | 1.800.843.6154 | [IDHS: Supplemental Nutrition Assistance Program - SNAP \(state.il.us\)](#)
401 South Clinton St., 6th FL | Chicago, IL 60607

SNAP serves as the first line of defense against hunger. It enables low-income families to buy nutritious food.

Illinois Department of Commerce – Low-Income Home Energy Assistance Program (LIHEAP)
1.833.711.0374 | [Illinois Department of Commerce and Economic Opportunity - Home](#)
100 W. Rudolph St. | Chicago, IL 60601

LIHEAP provides cooling, energy crisis, and low-cost weatherization/other energy-related home repair assistance to low-income households to assist with winter heating bills, and to provide help for some families who have received utility cut-off notices.

Illinois Department of Human Services – Temporary Assistance for Needy Families (TANF)
1.800.843.6154 | [IDHS: Temporary Assistance for Needy Families \(TANF\) \(state.il.us\)](#)
401 South Clinton St., 6th Floor | Chicago, IL 60607

TANF provides temporary financial assistance for pregnant women and families with one or more dependent children. TANF provides financial assistance to help pay for food, shelter, utilities and expenses other than medical.

Illinois Child Care Assistance Program (CCAP) | 1.800.843.6154 | [IDHS: Child Care Assistance Program \(CCAP\) \(state.il.us\)](#)
100 S. Grand Ave E, Springfield, IL 62762

CCAP helps to support families to get the information and resources they need to find and select the best childcare for their child.

Other Helpful Resources

Compass Health Center | 844.552.0242 | <https://compasshealthcenter.net/>
Multiple locations in Chicago, Northbrook, Oak Brook & Virtual Services

Provides immediate access to specialized mental health care for children, adolescents, young adults and adults.

Sunrise Association-Chicago | 224.633.1975 | <https://www.sunrisedaycamp-chicago.org/>

Sunrise-Chicago is a full-summer day camp, in-hospital program, and year-round program opportunity for children with a cancer diagnosis and their siblings. The programming is provided at no-cost to families (100% free).