

Perlstein Resort and Conference Center Food Service Information

By checking this box, I acknowledge reading the instructions below.

These menus have been prepared to assist you in planning and making dining arrangements for your event at Perlstein Resort and Conference Center. We are able to customize menus and are happy to discuss variations to fit your needs including special meals and dietary restrictions.

For all lunches and dinner please select a salad choice. Additionally, for meat meals, if you have vegetarian options, click the "Vegetarian Choice" and choose from the list provided. Vegetarian Options are located on the meat meal pages.

Please keep in mind the following:

- Our kitchen and dining room are under the kosher supervision of the Chicago Rabbinical Council (cRc). No outside food may be brought into the Dining Room without prior approval from our Kosher Supervisor.
- We cater to meet many dietary needs including, but not limited to Lactose Free, Gluten Free, Vegan, and Vegetarian.
- Many of our dairy dishes can be prepared Pareve (non-dairy) upon request.
- All meals are served buffet style unless otherwise requested.
- If you require Cholov Yisrael dairy products, please request this at least four weeks in advance. Please let us know how many guests require Cholov Yisroel. Additional charges will apply.
- Soda can be purchased for an additional cost.
- Shabbat Dinners include the items below. If you require different arrangement, please contact us when planning your meals:
 - Challah Rolls or Whole Challot
 - Grape Juice
 - Kiddush Wine (available upon request)

We cannot cook hot items on Saturday, however many of our items can be heated in or warmers. These meals are marked with * to indicate they are Shabbat friendly.



Group Name				Dates of Reservation	-
First Meal	Choose a Day	Choose a Meal	Last Meal	Choose a Day	Choose a Meal
Number of Adults		Number of Children (1-17)		Number of Infants (Under 1)	
Total Number of Guests					
Food Allergies					
Number of Vegetarian Guests		Number of Vegan Guests		Number of Gluten Free Guests	
Our Group Would Prefer:	<input type="checkbox"/> Peanut Butter Packets Upon Request <input type="checkbox"/> Soy Nut Butter Packets Upon Request				
Other notes:					
Groups Celebrating Shabbat at Perlstein					
Where would you like to do candle lighting?	<input type="checkbox"/> Dining Hall <input type="checkbox"/> Pavilion <input type="checkbox"/> Other (please specify):		At what time would you like to do candle lighting?		
Challah Choices	<input type="checkbox"/> Whole Challot <input type="checkbox"/> Challah Rolls <input type="checkbox"/> Challah Friday Night Only		Do you need the Perlstein Havdallah Set?		<input type="checkbox"/> Yes <input type="checkbox"/> No

Breakfast Meals

All Breakfasts include Assorted Cold Cereals, Fresh Seasonal Fruit, Yogurt, Granola, Assorted Juices, Milk, Coffee, and Tea.

Breakfast A Scrambled Eggs. <input type="checkbox"/> With or <input type="checkbox"/> Without Cheese Hashbrowns Toast & English Muffins	Day	Time	<input type="checkbox"/> Breakfast D Assorted Bagels with Plain & Chive Cream Cheese Sliced Onion & Tomatoes Hard Boiled Eggs Coffee Cake	Day	Time
<input type="checkbox"/> Breakfast B Pancakes (Choice of) <input type="checkbox"/> Chocolate Chip <input type="checkbox"/> Blueberry <input type="checkbox"/> Plain/Buttermilk Cinnamon Rolls with Icing Oatmeal and Toppings	Day	Time	<input type="checkbox"/> Breakfast E[☆] Quiche Scones Cinnamon Rolls	Day	Time
<input type="checkbox"/> Breakfast C French Toast Breakfast Potatoes Scones	Day	Time	<input type="checkbox"/> Breakfast F[☆] Coffee Cake Donuts Hard Boiled Eggs	Day	Time

Egg beaters available with 7 days notice.

Meals Marked with ☆ are Shabbat Friendly

Lunch Meals: Meat

All Lunches include Ice Water, Punch or Lemonade, Coffee and Hot Tea, Tossed Salad or Salad Bar, Bread, Peanut Butter/a Peanut Butter Alternative, and Jelly.

<input type="checkbox"/> Meat Lunch A Hot Dogs Hamburgers French Fries Corn Brownies Choose a Salad Vegetarian Choice	Day	Time	<input type="checkbox"/> Meat Lunch D Chicken Sir Fry White Rice Egg Drop Soup Mixed Vegetables Mandarin Orange Cake Choose a Salad Vegetarian Choice	Day	Time
<input type="checkbox"/> Meat Lunch B Chicken Fajitas Spanish Rice Refried Beans Roasted Mixed Vegetables Cake Choose a Salad Vegetarian Choice	Day	Time	<input type="checkbox"/> Meat Lunch E[☆] Assorted Cold Cut Deli Meats Hot BBQ Beef Coleslaw Vegetable Tray w/ Dip Banana Cake Tossed Salad Vegetarian Choice	Day	Time
<input type="checkbox"/> Meat Lunch C Chicken Nuggets Onion Rings Baby Carrots Cookies Choose a Salad Vegetarian Choice	Day	Time	<p style="text-align: center;"><u>Vegetarian Entrees</u></p> Veggie Choice 1: Roasted Veggies & Tofu over Couscous Veggie Choice 2 : Veggie Stir-Fry over Rice Veggie Choice 3: Vegetarian Fajitas Veggie Choice 4: Veggie Cutlet/Veggie Burger [☆] Veggie Choice 5: Pasta with Roasted Veggies & Marinara [☆] Veggie Choice 6: Eggplant Marinara with Pasta [☆] Veggie Choice 7: Grilled Portobello Mushrooms (served cold on Shabbat [☆])		

Meals Marked with ☆ are Shabbat Friendly

Lunch Meals: Dairy

<input type="checkbox"/> Dairy Lunch A Pizza (Choice of) <input type="checkbox"/> Cheese or <input type="checkbox"/> Vegetable Minestrone Soup Garlic Bread Choose a Salad Ice Cream Sandwiches	Day	Time	<input type="checkbox"/> Dairy Lunch E Quesadilla (Choice of) <input type="checkbox"/> Cheese or <input type="checkbox"/> Mushroom Taco Salad Spanish Rice Chips & Salsa Choose a Salad Chocolate Pudding	Day	Time
<input type="checkbox"/> Dairy Lunch B Mac & Cheese Vegetable Soup Breadsticks Grilled Vegetables Choose a Salad Cookies	Day	Time	<input type="checkbox"/> Dairy Lunch F Lasagna (Choice of) <input type="checkbox"/> Cheese or <input type="checkbox"/> Spinach Garlic Bread Plain Pasta Marinara Sauce Choose a Salad Cake	Day	Time
<input type="checkbox"/> Dairy Lunch C Grilled Cheese Tomato Soup Potato Chips French Onion Soup Choose a Salad Rice Crispy Treats	Day	Time	<input type="checkbox"/> Dairy Lunch G[☆] Pasta Bar with: 2 Pasta Choices <small>(chef selection)</small> 2 Sauce Choices <small>(chef selection)</small> Steamed Mixed Vegetables Choose a Salad Éclairs	Day	Time
<input type="checkbox"/> Dairy Lunch D Baked Potato Bar with Sour Cream Cheese Sauce Assorted Sautéed Vegetables Vegetarian Chili Choose a Salad Seven Layer Bars	Day	Time	<input type="checkbox"/> Dairy Lunch H[☆] Sweet Noodle Kugel Assorted Blintzes with Strawberries Sour Cream Assorted Bagels with Plain & Chive Cream Cheese Sliced Onion & Tomatoes Tuna Salad Egg Salad Choose a Salad Banana Cake	Day	Time
Meals Marked with ☆ are Shabbat Friendly					

Dinner Meals: Meat

<input type="checkbox"/> Meat Dinner A Hot Dogs Hamburgers French Fries Corn Brownies Choose a Salad Vegetarian Choice	Day	Time	<input type="checkbox"/> Meat Lunch E[☆] Assorted Cold Cut Deli Meats Hot BBQ Beef Coleslaw Vegetable Tray w/ Dip Banana Cake Tossed Salad Vegetarian Choice	Day	Time	<input type="checkbox"/> Meat Dinner H^{☆☆} BBQ Chicken Whole Baby Red Potatoes Corn Cobbler Choose a Salad Vegetarian Choice	Day	Time
<input type="checkbox"/> Meat Dinner B Chicken Fajitas Spanish Rice Refried Beans Roasted Mixed Vegetables Cake Choose a Salad Vegetarian Choice	Day	Time	<input type="checkbox"/> Meat Dinner F^{☆☆} Grilled Chicken Breast Mashed Potatoes Green Beans Strawberry Shortcake Choose a Salad Vegetarian Choice	Day	Time	<input type="checkbox"/> Meat Dinner I^{☆☆} Sweet & Sour Brisket Rice Pilaf Roasted Mixed Vegetables Banana Cake Choose a Salad Vegetarian Choice	Day	Time
<input type="checkbox"/> Meat Dinner C Chicken Nuggets Onion Rings Baby Carrots Cookies Choose a Salad Vegetarian Choice	Day	Time	<input type="checkbox"/> Meat Dinner G^{☆☆} Corn Flake Chicken Chicken Soup with Matzah Balls Roasted Potato Wedges Steamed Mixed Vegetables Cake Choose a Salad Vegetarian Choice	Day	Time	<input type="checkbox"/> Meat Dinner J Roasted Turkey & Stuffing Mashed Potatoes Cranberry Sauce Green Beans Apple Crisp Choose a Salad Vegetarian Choice	Day	Time
<input type="checkbox"/> Meat Dinner D Chicken Sir Fry & White Rice Egg Drop Soup Mixed Vegetables Mandarin Orange Cake Choose a Salad Vegetarian Choice	Day	Time	<u>Vegetarian Entrees</u> Veggie Choice 1: Roasted Veggies & Tofu over Couscous Veggie Choice 2 : Veggie Stir-Fry over Rice Veggie Choice 3: Vegetarian Fajitas Veggie Choice 4: Veggie Cutlet/Veggie Burger [☆] Veggie Choice 5: Pasta with Roasted Veggies & Marinara [☆] Veggie Choice 6: Eggplant Marinara with Pasta [☆] Veggie Choice 7: Grilled Portobello Mushrooms (served cold on Shabbat [☆])					
			<u>Upgrade Meal Options</u> <i>(Additional Charges and 3-4 weeks notice required. Please call our office to arrange)</i> Marinated Grilled Rib Eye Skirt Steak Teriyaki Salmon Filets Poached Salmon Filets Sliced Lox (Smoked Salmon)					

Meals Marked with ☆ are Shabbat Friendly
 Meals Marked with ☆☆ are Shabbat Dinner Recommended

Dinner Meals: Dairy

<input type="checkbox"/> Dairy Lunch A Pizza (Choice of) <input type="checkbox"/> Cheese or <input type="checkbox"/> Vegetable Minestrone Soup Garlic Bread Choose a Salad Ice Cream Sandwiches	Day	Time	<input type="checkbox"/> Dairy Lunch E Quesadilla (Choice of) <input type="checkbox"/> Cheese or <input type="checkbox"/> Mushroom Taco Salad Spanish Rice Chips & Salsa Choose a Salad Chocolate Pudding	Day	Time
<input type="checkbox"/> Dairy Lunch B Mac & Cheese Vegetable Soup Breadsticks Grilled Vegetables Choose a Salad Cookies	Day	Time	<input type="checkbox"/> Dairy Lunch F Lasagna (Choice of) <input type="checkbox"/> Cheese or <input type="checkbox"/> Spinach Garlic Bread Plain Pasta Marinara Sauce Choose a Salad Cake	Day	Time
<input type="checkbox"/> Dairy Lunch C Grilled Cheese Tomato Soup Potato Chips French Onion Soup Choose a Salad Rice Crispy Treats	Day	Time	<input type="checkbox"/> Dairy Lunch G* Pasta Bar with: 2 Pasta Choices (chef selection) 2 Sauce Choices (chef selection) Steamed Mixed Vegetables Choose a Salad Éclairs	Day	Time
<input type="checkbox"/> Dairy Lunch D Baked Potato Bar with Sour Cream Cheese Sauce Assorted Sautéed Vegetables Vegetarian Chili Choose a Salad Seven Layer Bars	Day	Time	<input type="checkbox"/> Dairy Lunch H* Sweet Noodle Kugel Assorted Blintzes with Strawberries Sour Cream Assorted Bagels with Plain & Chive Cream Cheese Sliced Onion & Tomatoes Tuna Salad Egg Salad Choose a Salad Banana Cake	Day	Time

Upgrade Meal Options

(Additional Charges and 3-4 weeks notice required. Please call our office to arrange)

Teriyaki Salmon Filets
 Poached Salmon Filets
 Sliced Lox (Smoked Salmon)

Meals Marked with ☆ are Shabbat Friendly
 Meals Marked with ☆☆ are Shabbat Dinner Recommended

Snacks

Evening Snacks include Assorted Fresh Whole Fruit, Punch, and Ice Water, Coffee, and Hot Tea, as well as plates, napkins and utensils. Unless there are specific instructions to set up the snack in another location, all evening snacks will be set up in the dining room.

Group rates include one evening snack per day. Groups can choose to add afternoon or other additional snacks for an extra charge.

Standard Snacks			Upgrade Snacks (additional charge of \$3/person)		
<input type="checkbox"/> Cake (choice of <input type="checkbox"/> Chocolate or <input type="checkbox"/> Yellow	Day	Time	<input type="checkbox"/> Chicken Wings (meat)	Day	Time
<input type="checkbox"/> Brownies with Powdered Sugar	Day	Time	<input type="checkbox"/> Meatballs (Meat)	Day	Time
<input type="checkbox"/> Carrot Cake	Day	Time	<input type="checkbox"/> Pita, Hummus, and Falafel	Day	Time
<input type="checkbox"/> Banana Cake	Day	Time	<input type="checkbox"/> Spinach Dip	Day	Time
<input type="checkbox"/> Fresh Cut Fruit (instead of Fresh Whole Fruit)	Day	Time	<input type="checkbox"/> Ice Cream Sundae Bar with Assorted Toppings	Day	Time
<input type="checkbox"/> Mandarin Orange Cake	Day	Time	<input type="checkbox"/> Cocktail Wieners (Meat)	Day	Time
<input type="checkbox"/> Rice Krispy Bars <input type="checkbox"/> Chocolate Covered <input type="checkbox"/> Half Chocolate Covered/Half Plain	Day	Time	<input type="checkbox"/> Artichoke Dip	Day	Time
<input type="checkbox"/> Deviled Eggs	Day	Time			
<input type="checkbox"/> Chips & Salsa	Day	Time			
<input type="checkbox"/> Pretzels & Potato Chips	Day	Time			
<input type="checkbox"/> Artichoke Dip	Day	Time			
<input type="checkbox"/> S'mores (Graham Crackers, Marshmallows, Chocolate Bars) <input type="checkbox"/> Pareve Chocolate Bars	Day	Time			

All snacks can be prepared Pareve (Non-Dairy), unless otherwise noted.

Meals Marked with * are Shabbat Friendly

