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| **Perlstein Resort and Conference Center Food Service Information** |
| *By checking this box, I acknowledge reading the instructions below.*  These menus have been prepared to assist you in planning and making dining arrangements for your event at Perlstein Resort and Conference Center. We are able to customize menus and are happy to discuss variations to fit your needs including special meals and dietary restrictions.  For all lunches and dinner please select a salad choice. Additionally, for meat meals, if you have vegetarian options, click the “Vegetarian Choice” and choose from the list provided. Vegetarian Options are located on the meat meal pages.  Please keep in mind the following:   * Our kitchen and dining room are under the kosher supervision of the Chicago Rabbinical Council (cRc). No outside food may be brought into the Dining Room without prior approval from our Kosher Supervisor. * We cater to meet many dietary needs including, but not limited to Lactose Free, Gluten Free, Vegan, and Vegetarian. * Many of our dairy dishes can be prepared Pareve (non-dairy) upon request. * All meals are served buffet style unless otherwise requested. * If you require Cholov Yisrael dairy products, please request this at least four weeks in advance. Please let us know how many guests require Cholov Yisroel. Additional charges will apply. * Soda can be purchased for an additional cost. * Shabbat Dinners include the items below. If you require different arrangement, please contact us when planning your meals:   + Challah Rolls or Whole Cahllot   + Grape Juice   + Kiddush Wine (available upon request)   We cannot cook hot items on Saturday, however many of our items can be heated in or warmers. These meals are marked with ✡to indicate they are Shabbat friendly. |

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| **Group Name** |  | | | **Dates of Reservation** | | - |
| **First Meal** |  | | **Last Meal** | |  | |
| **Number of Adults** |  | **Number of Children**  **(1-17)** |  | | **Number of Infants (Under 1)** |  |
| **Total Number of Guests** |  | | | | | |
| **Food Allergies** |  | | | | | |
| **Number of Vegetarian Guests** |  | **Number of Vegan Guests** |  | | **Number of Gluten Free Guests** |  |
| **Our Group Would Prefer:** | Peanut Butter Packets Upon Request  Soy Nut Butter Packets Upon Request | | | | | |
| **Other notes:** |  | | | | | |
| **Groups Celebrating Shabbat at Perlstein** | | | | | | |
| **Where would you like to do candle lighting?** | Dining Hall  Pavilion  Other (please specify): | | **At what time would you like to do candle lighting?** | | |  |
| **Challah Choices** | Whole Challot  Challah Rolls  Challah Friday Night Only | | **Do you need the Perlstein Havdallah Set?** | | | Yes No |

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| **Breakfast Meals** | | | | | |
| *All Breakfasts include Assorted Cold Cereals, Fresh Seasonal Fruit, Yogurt, Granola, Assorted Juices, Milk, Coffee, and Tea.* | | | | | |
| **Breakfast A**  Scrambled Eggs.  With or Without Cheese  Hashbrowns  Toast & English Muffins |  | Time | **Breakfast D**  Assorted Bagels with  Plain & Chive Cream Cheese  Sliced Onion & Tomatoes  Hard Boiled Eggs  Coffee Cake |  | Time |
| **Breakfast B**  Pancakes (Choice of)  Chocolate Chip  Blueberry  Plain/Buttermilk  Cinnamon Rolls with Icing  Oatmeal and Toppings |  | Time | **Breakfast E**✡  Quiche  Scones  Cinnamon Rolls |  | Time |
| **Breakfast C**  French Toast  Breakfast Potatoes  Scones |  | Time | **Breakfast F**✡  Coffee Cake  Donuts  Hard Boiled Eggs |  | Time |
| Egg beaters available with 7 days notice. | | | | | |
| Meals Marked with ✡ are Shabbat Friendly | | | | | |

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| **Lunch Meals: Meat** | | | | | |
| *All Lunches include Ice Water, Punch or Lemonade, Coffee and Hot Tea, Tossed Salad or Salad Bar, Bread, Peanut Butter/a Peanut Butter Alternative, and Jelly.* | | | | | |
| **Meat Lunch A**  Hot Dogs  Hamburgers  French Fries  Corn  Brownies    Vegetarian Choice |  | Time | **Meat Lunch D**  Chicken Sir Fry  White Rice  Egg Drop Soup  Mixed Vegetables  Mandarin Orange Cake  Vegetarian Choice |  | Time |
| **Meat Lunch B**  Chicken Fajitas  Spanish Rice  Refried Beans  Roasted Mixed Vegetables  Cake  Vegetarian Choice |  | Time | **Meat Lunch E**✡  Assorted Cold Cut Deli Meats  Hot BBQ Beef  Coleslaw  Vegetable Tray w/ Dip  Banana Cake  Tossed Salad  Vegetarian Choice |  | Time |
| **Meat Lunch C**  Chicken Nuggets  Onion Rings  Baby Carrots  Cookies  Vegetarian Choice |  | Time | **Vegetarian Entrees**  **Veggie Choice 1:** Roasted Veggies & Tofu over Couscous  **Veggie Choice 2 :** Veggie Stir-Fry over Rice **Veggie Choice 3:** Vegetarian Fajitas  **Veggie Choice 4:** Veggie Cutlet/Veggie Burger✡  **Veggie Choice 5:** Pasta with Roasted Veggies & Marinara✡  **Veggie Choice 6:** Eggplant Marinara with Pasta✡  **Veggie Choice 7:** Grilled Portobello Mushrooms (served cold on Shabbat✡) | | |
| Meals Marked with ✡ are Shabbat Friendly | | | | | |

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| **Lunch Meals: Dairy** | | | | | |
| **Dairy Lunch A**  Pizza (Choice of)  Cheese or Vegetable  Minestrone Soup  Garlic Bread  Ice Cream Sandwiches |  | Time | **Dairy Lunch E**  Quesadilla (Choice of)  Cheese or  Mushroom  Taco Salad  Spanish Rice  Chips & Salsa  Chocolate Pudding |  | Time |
| **Dairy Lunch B**  Mac & Cheese  Vegetable Soup  Breadsticks  Grilled Vegetables  Cookies |  | Time | **Dairy Lunch F**  Lasagna (Choice of)  Cheese or Spinach  Garlic Bread  Plain Pasta  Marinara Sauce  Cake |  | Time |
| **Dairy Lunch C**  Grilled Cheese  Tomato Soup  Potato Chips  French Onion Soup  Rice Crispy Treats |  | Time | **Dairy Lunch G**✡  Pasta Bar with:  2 Pasta Choices (chef selection)  2 Sauce Choices (chef selection)  Steamed Mixed Vegetables  Éclairs |  | Time |
| **Dairy Lunch D**  Baked Potato Bar with  Sour Cream  Cheese Sauce  Assorted Sautéed Vegetables  Vegetarian Chili  Seven Layer Bars |  | Time | **Dairy Lunch H**✡  Sweet Noodle Kugel  Assorted Blintzes with  Strawberries  Sour Cream  Assorted Bagels with  Plain & Chive Cream Cheese  Sliced Onion & Tomatoes  Tuna Salad  Egg Salad  Banana Cake |  | Time |
| Meals Marked with ✡ are Shabbat Friendly | | | | | |

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| **Dinner Meals: Meat** | | | | | | | | | |
| **Meat Dinner A**  Hot Dogs  Hamburgers  French Fries  Corn  Brownies  Vegetarian Choice |  | Time | **Meat Lunch E**✡  Assorted Cold Cut Deli Meats  Hot BBQ Beef  Coleslaw  Vegetable Tray w/ Dip  Banana Cake  Tossed Salad  Vegetarian Choice |  | Time | **Meat Dinner H**✡✡  BBQ Chicken  Whole Baby Red Potatoes  Corn  Cobbler  Vegetarian Choice |  | Time |
| **Meat Dinner B**  Chicken Fajitas  Spanish Rice  Refried Beans  Roasted Mixed Vegetables  Cake  Vegetarian Choice |  | Time | **Meat Dinner F**✡✡  Grilled Chicken Breast  Mashed Potatoes  Green Beans  Strawberry Shortcake  Vegetarian Choice |  | Time | **Meat Dinner I**✡✡  Sweet & Sour Brisket  Rice Pilaf  Roasted Mixed Vegetables  Banana Cake  Vegetarian Choice |  | Time |
| **Meat Dinner C**  Chicken Nuggets  Onion Rings  Baby Carrots  Cookies  Vegetarian Choice |  | Time | **Meat Dinner G**✡✡  Corn Flake Chicken  Chicken Soup with Matzah Balls  Roasted Potato Wedges  Steamed Mixed Vegetables  Cake  Vegetarian Choice |  | Time | **Meat Dinner J**  Roasted Turkey & Stuffing  Mashed Potatoes  Cranberry Sauce  Green Beans  Apple Crisp  Vegetarian Choice |  | Time |
| **Meat Dinner D**  Chicken Sir Fry & White Rice  Egg Drop Soup  Mixed Vegetables  Mandarin Orange Cake  Vegetarian Choice |  | Time | **Vegetarian Entrees**  **Veggie Choice 1:** Roasted Veggies & Tofu over Couscous  **Veggie Choice 2 :** Veggie Stir-Fry over Rice **Veggie Choice 3:** Vegetarian Fajitas  **Veggie Choice 4:** Veggie Cutlet/Veggie Burger✡  **Veggie Choice 5:** Pasta with Roasted Veggies & Marinara✡  **Veggie Choice 6:** Eggplant Marinara with Pasta✡  **Veggie Choice 7:** Grilled Portobello Mushrooms (served cold on Shabbat✡) | | | | | | |
| **Upgrade Meal Options**  *(Additional Charges and 3-4 weeks notice required. Please call our office to arrange)*  Marinated Grilled Rib Eye  Skirt Steak  Teriyaki Salmon Filets  Poached Salmon Filets  Sliced Lox (Smoked Salmon | | | | | | |
| Meals Marked with ✡ are Shabbat Friendly  Meals Marked with ✡✡ are Shabbat Dinner Recommended | | | | | | | | | |

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| **Dinner Meals: Dairy** | | | | | |
| **Dairy Lunch A**  Pizza (Choice of)  Cheese or Vegetable  Minestrone Soup  Garlic Bread  Ice Cream Sandwiches |  | Time | **Dairy Lunch E**  Quesadilla (Choice of)  Cheese or  Mushroom  Taco Salad  Spanish Rice  Chips & Salsa  Chocolate Pudding |  | Time |
| **Dairy Lunch B**  Mac & Cheese  Vegetable Soup  Breadsticks  Grilled Vegetables  Cookies |  | Time | **Dairy Lunch F**  Lasagna (Choice of)  Cheese or Spinach  Garlic Bread  Plain Pasta  Marinara Sauce  Cake |  | Time |
| **Dairy Lunch C**  Grilled Cheese  Tomato Soup  Potato Chips  French Onion Soup  Rice Crispy Treats |  | Time | **Dairy Lunch G**✡  Pasta Bar with:  2 Pasta Choices (chef selection)  2 Sauce Choices (chef selection)  Steamed Mixed Vegetables  Éclairs |  | Time |
| **Dairy Lunch D**  Baked Potato Bar with  Sour Cream  Cheese Sauce  Assorted Sautéed Vegetables  Vegetarian Chili  Seven Layer Bars |  | Time | **Dairy Lunch H**✡  Sweet Noodle Kugel  Assorted Blintzes with  Strawberries  Sour Cream  Assorted Bagels with  Plain & Chive Cream Cheese  Sliced Onion & Tomatoes  Tuna Salad  Egg Salad  Banana Cake |  | Time |
| **Upgrade Meal Options**  *(Additional Charges and 3-4 weeks notice required. Please call our office to arrange)*  Teriyaki Salmon Filets  Poached Salmon Filets  Sliced Lox (Smoked Salmon) | | | | | |
| Meals Marked with ✡ are Shabbat Friendly  Meals Marked with ✡✡ are Shabbat Dinner Recommended | | | | | |

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| **Snacks** | | | | | |
| *Evening Snacks include Assorted Fresh Whole Fruit, Punch, and Ice Water, Coffee, and Hot Tea, as well as plates, napkins and utensils. Unless there are specific instructions to set up the snack in another location, all evening snacks will be set up in the dining room.* | | | | | |
| **Group rates include one evening snack per day. Groups can choose to add afternoon or other additional snacks for an extra charge.** | | | | | |
| **Standard Snacks** | | | **Upgrade Snacks (additional charge of $3/person)** | | |
| Cake (choice o  Chocolate or Yellow |  | Time | Chicken Wings (meat) |  | Time |
| Brownies with Powdered Sugar |  | Time | Meatballs (Meat) |  | Time |
| Carrot Cake |  | Time | Pita, Hummus, and Falafel |  | Time |
| Banana Cake |  | Time | Spinach Dip |  | Time |
| Fresh Cut Fruit  (instead of Fresh Whole Fruit) |  | Time | Ice Cream Sundae Bar with  Assorted Toppings |  | Time |
| Mandarin Orange Cake |  | Time | Cocktail Wieners (Meat) |  | Time |
| Rice Krispy Bars  Chocolate Covered  Half Chocolate  Covered/Half Plain |  | Time | Artichoke Dip |  | Time |
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| Deviled Eggs |  | Time |  |  |  |
| Chips & Salsa |  | Time |  |  |  |
| Pretzels & Potato Chips |  | Time |  |  |  |
| Artichoke Dip |  | Time |  |  |  |
| S’mores  (Graham Crackers, Marshmallows, Chocolate Bars)  Pareve Chocolate Bars |  | Time |  |  |  |
| All snacks can be prepared Pareve (Non-Dairy), unless otherwise noted. | | | | | |
| Meals Marked with ✡ are Shabbat Friendly | | | | | |